

June 2016

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Dates to Remember

Wednesday, June 8

4-6 pm

Free Sports Physicals
Bay Trail Health Office

Thursday, June 9

7:00 pm

Robotics Info Night

Tuesday, June 14

School Supply Order
Deadline

Thursday, June 16,

7:00 pm

PTA Meeting

Fri, June 17

8th Grade Dance

June 21 Moving Up

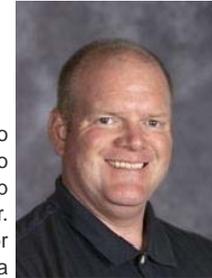
Day (8th Grade)

Last Day of School (Gr
6-8)

Letter from the Principal

Dear Bay Trail Community,

I want to take the opportunity to say thank you to all the parents of our eighth grade students, who will just have returned from their Washington trip when you receive this issue of the Trailblazer. Thank you for sharing your children with us for four days. It is not easy letting them go away on a trip. Each year we see how much students enjoy the trip, and we are always pleased with the responsibility that they demonstrate throughout the trip.



Our final eighth grade events include the Eighth Grade Dance on June 17, and the Moving Up Day student activities on June 21. June 21 is the last full day of instruction for all Bay Trail students.

Please pay special attention to the testing schedule for the end of the year. The schedule is available on the website [Bay Trail Testing Schedule](#) under Assessment Information, New York State Assessments, Bay Trail Testing Schedule 2015-16. There are Regents exams scheduled, as well as end of the year in-class exams.

As you can see, June is a busy time at Bay Trail. In the past we have had many food deliveries at this time of year. We appreciate parents' cooperation with not sending in food beyond what your child brings for their lunch. The District Wellness Policy can be found on the website.

We will be mailing letters to next year's seventh and eighth grade students in August with their locker and HOME Base information. This year we are again offering parents and students the opportunity to purchase school supplies online. Three dollars of your purchase goes to support student activities at Bay Trail through the Bay Trail Student Council. The supplies must be ordered by June 14. They will be available to pick up at Bay Trail during our Locker Set-Up Nights, August 31 and September 6, from 4:00 - 7:00 p.m. Parents interested in purchasing school supplies online for next year should visit the Bay Trail Main Page website and click on the Order School Supplies Online link that has been added to the main page.

Next year's sixth grade students will also receive information in the mail about their orientations, which will be held as follows:

Tuesday, August 23, 2016 - House A (9:00-11:00 am)

Tuesday, August 23, 2016 - House B (12:00-2:00 pm)

Wednesday, August 24, 2016 - House C (9:00-11:00 am)

Students new to Bay Trail entering grades seven and eight will have their orientation on August 24 in the afternoon.

I hope you have a safe and enjoyable summer.

Sincerely,



Winton Buddington
Bay Trail Principal

[>>Our Mission](#)

8th Grade Moving Up Day

8th Grade Moving Up Day parent volunteers needed to chaperone the event on Tuesday, June 21, 2016 from 12:30-2:30. If you are able to help please email lorichans@me.com.

CLASSROOM ROUND-UP

Despite what you might hear about teachers' fondness for July and August, most of us really do choose this profession because we love it. I mean it. Just ask us. But not during July and August - because the faculty here are very busy during the summer months!

A student recently asked, "what do you teachers do all summer?" (Read with appropriate attitude and eye roll.) So naturally I responded, "why, we miss our students of course!" But the more I thought about his question, the more I actually wanted an answer from our staff - so I asked, and was amazed.

I expected the usual responses: spending time with family and friends, traveling, working on projects around the house... while all those responses came, so did many other surprising and unique answers to my inquiry. I thought you too might be interested to know how many of our Bay Trail teachers and staff will be spending their summer days, so here is a brief sampling...

Many faculty members will be attending workshops and conferences over the summer, including the Penfield Teacher Leadership Conference. Mr. Leisten will be taking a class at the University of Rochester to build skills and strategies for teaching English-Language-Learners and students who come from foreign countries. This will also help provide him with background for a presentation in December at the National Social Studies Conference in Washington, D.C. I will be attending the Teaching-Learning-Technology Conference at St. John Fisher College to develop lessons incorporating ipads in the classroom.

Some teachers will also be writing curriculum over the summer. For example, Mrs. Tomer will be writing 6th grade social studies curriculum to incorporate the new State Frameworks. Many departments at Bay Trail will be working on curriculum maps identifying essential curriculum for all students in their subject area and grade level.

Mrs. Lamanna will be looking for adventures that keep her outside. She enjoys walking through creeks, caves or gorges and climbing, hiking hills and mountains with Mrs. O'Neill. She keeps an eye out for geological features to share with her students and likes to bring back rocks and sometimes dirt from her adventures for her classroom.

Lots of teachers give of their time to volunteer over the summer. For example, Mrs. Fox provides foster care for kittens from Lollypop Farm and Mrs. Cymbal volunteers at Foodlink.

Tutoring at a learning center most weekdays from June - August will keep Mrs. Osenbach busy, but she will be squeezing in a trip to celebrate her 25th wedding anniversary on a 10-day trip to Yellowstone/Crazy Horse/Mount Rushmore.

Some of the many other travel plans for our teachers include trips to the Adirondacks, the Thousand Islands, Florida, Newfoundland, Philadelphia and the Jersey Shore.

Regardless of how time is spent in July and August, most faculty and staff come back feeling refreshed, re-charged and excited to see the students again.

We wish you and your families a safe and happy summer full of engaging activities and experiential learning!

Submitted by Karen Graham
PTA Faculty Liaison

School Supply Orders

For the 2016-17 school year, Bay Trail Middle School is again offering parents and students (grades 6 through 8) the opportunity to purchase school supplies online. The supplies must be ordered by June 14, 2016. They will be available to pick up at Bay Trail during our Locker Set-Up Nights, August 31 and September 6, from 4:00 - 7:00 p.m.

Parents interested in purchasing school supplies online for next year should visit the Bay Trail Main Page website and click on the [Order School Supplies Online](#) link. A portion of the school supplies purchase price helps to support students' clubs through our Bay Trail Student Council.

Penfield Robotics Info Night

June 9th in Bay Trail Cafeteria
7:00 - 8:00 pm

FLL and FTC registration for Fall teams is happening now!

What is First Robotics? Learn about the competitive robotics teams for students available in each of our buildings. There will be demonstrations of robots for each level. A common thread for each program is working as a team and learning life skills.

Learn about FIRST at <http://www.firstinspires.org/>

FLL for 4th-8th graders: Teams compete to finish challenges with the Lego Mindstorms EV3 robot, do research on a real world problem, and present their solution.

FTC for 7th-9th graders: Team designs and builds an 18" x 18" robot to complete tasks for that years challenge.

Prospective FLL Coaches Meeting will be held June 14th, 7:00- 8:00 at Bay Trail. For more information, please contact Colleen Krug at Bay Trail

Bay Trail 6th Graders Students and Teachers Thank PTA

Our 6th grade reading classes participated in a program called Battle of the Books. This program is based on students' needs and interests and has proven to be a challenging and fun experience for students of diverse reading abilities. The books and activities are selected to promote reading, reading skills and teamwork. The whole program is set with a medieval theme, guided by our librarians, Ben Griffin and Chelsea Johnson.

Each student in class was assigned to a team. Together, they read a total of twelve books. They prepared themselves to answer questions about their books for a Quiz Bowl session. During class time students interacted with their books in a variety of ways, such as drawing pictures, taking Accelerated Reader quizzes, identifying literary elements, and discussing key points of the plot with a teacher. Students were also given time in the library to relax and read.

Thank you, PTA, for providing our snacks and prizes! The extra touches you provide make the program more fun special.

Lori Bays
Rachel Bruzee
Trish Hart

Free Sports Physicals

FREE SPORTS PHYSICALS for School Year 2016 - 2017

will be given ONE DAY ONLY

(none during the summer)

on

Wednesday, June 8, 2016

4 - 6 PM

in the Health Office at Penfield High School (C-2)

Please see [this link](#) for more information.

Call the PHS Health Office at 249-6780, 249-6721 or 249-6808 should you have any questions.

2016-2017 Penfield Youth Basketball

Penfield Youth Basketball (PYB) is a competitive travel basketball program for boys and girls in grades 3 through 8.

For the 2015- 2016 season there were nearly 200 youth from the Penfield community participating in the program.

Registration for the 2016-2017 PYB season will begin 07/01/16 and tentative dates for tryouts are Sunday September 18th and Sunday

September 25th.

For additional details and links to registration materials, please see the PYB website <http://www.leaguelineup.com/welcome.asp?url=pybhoops>

2016-2017 Reflections

Do you love the arts and being creative? It is not too soon to begin thinking of submitting a piece of artwork for next year's National PTA Reflections contest.

The 2016-2017 Reflections program theme is "What is Your Story?"

Reflect on the theme. Create an original work. Be recognized. National PTA Reflections is America's oldest and largest arts education program of its kind. The program encourages students to explore their talents and express themselves. All Bay Trail students are invited to participate. Entries will be judged by community artists and winning entries will move on to the regional level of judging and maybe on to state and national levels.

You may submit entries in film production, dance choreography, literature, music composition, photography, and visual arts. Entries will be due in early November.

Year End Staff Appreciation Breakfast

On Friday, June 24th, the Bay Trail PTA is hosting the Year End Staff Appreciation Breakfast. Many hands working together make this a special way to show our outstanding Bay Trail staff how much we appreciate them.

Volunteers are needed to send in donations, help students make "Thank You" posters/banners, to help prepare/decorate beforehand and to help at the breakfast.

To sign up, visit our [VolunteerSpot signup page](#). Questions? Contact Tracey Merriman at (585) 507-9923 or at merriman154@gmail.com.

Thank you for your help!!

NEW Immunization Requirement ALERT

TO PARENTS OF CURRENT 6th AND 11th GRADE STUDENTS WHO WILL BE ENTERING 7th AND 12th GRADES IN SEPTEMBER 2016:

Effective September 1, 2016, all students entering grades 7 and 12 in NYS will be required to be vaccinated against meningococcal disease as follows:

Grade 7: 1 dose of MenACWY vaccine (Menactra or Menveo)

Grade 12: 2 doses of MenACWY with last dose on or after 16 years of age

or 1 dose MenACWY on or after age 16 years.

Please take this information with you when you see your healthcare giver and discuss whether your child has appropriate immunizations. Your healthcare giver may wish to check with the NYS Department of Health for further information. Please bring in proof of appropriate vaccination(s) to your school nurse on or before September 1, 2016.

Thank you for your kind cooperation in this important matter.

Please contact the Bay Trail Health Office with questions/concerns.

Susan Cymbal, RN
SCymbal@penfield.edu
585-249-6423

Katie Parasch, RN
KParasch@penfield.edu
585-249-6485

Project Enrichment

Last Book Bunch of the Year - June 10th

Don't miss the last Book Bunch of the year: Lemonade and Literature in the Library. This event is open to all students during lunches on Friday, June 10th.

Students enjoy glasses of lemonade while swapping ideas for ideal summer vacation locations based on favorite book settings. Students hear about great reads and then check out books they may be interested in.

The Bay Trail librarians also share information about summer programs at the Penfield Public library, which the students are encouraged to participate in.

Get Up and Get Out This Summer!

10 Active Summer Activities for Family Fun

From Lauren MacDonald, www.Activebeat.com

The pull of electronic games and social media is overwhelming, and at times, it seems impossible to get your family (and yourself) to look up from your phone to enjoy quality time with your loved ones.

Add to that the importance of staying active, and it can seem like quite the mountain to climb. Luckily, summer offers several opportunities to have fun with your family, while also getting everyone moving and active. As an added bonus, you'll get quality bonding time and create memories with your brothers, sisters, kids and/ or spouse-something you'll appreciate now and in the years to come.

Pry away the phones and game controllers, grab your family, and get out of your house to try these ten summer activities for family fun...

1. Hiking

An easy and wallet-friendly way to get out of the house and have fun with your family is to go hiking. Head to your local trails or forested park and spend the morning or afternoon hiking. Your whole family will get some

much-needed cardio exercise, and at the same time, enjoy nature and its refreshing effects. Pack a simple picnic of sandwiches, fruit and water, and bring a bug, bird, plant or animal guide to identify things you come across on the hike-this is especially fun and educational for children.

2. Gardening

While it may seem that gardening doesn't require much movement or isn't very active, you'd be surprised at what it takes to make a garden from scratch or push a wheelbarrow around, which can be quite strenuous. The kids will have fun helping to pick out the different flowers and plants to put in the garden, and the parents will be happy with the end result, a beautiful garden and nice landscaping. You could even plant a vegetable or herb garden, showing younger kids where food comes from. Plus, everyone will swell with feelings of pride at growing their own organic food.

3. Badminton

There's a reason badminton has become a timeless sport to play with family and friends-it's fun and people of all ages can participate. Not to mention the great cardiovascular workout you'll get, which is good for your heart. Badminton can be done in pairs or singles, so no matter the size of your family, you can find a way to get everyone participating. A good old badminton tournament can be done in your own backyard or at the park, and after 1 to 2 hours of it, you'll have had some laughs and gotten a good workout. Plus, badminton equipment is very affordable, making it an ideal outdoor activity for your family.

4. Frisbee

Frisbee is another timeless game that offers several options on how to play-variations of Frisbee golf, tennis, soccer and baseball, as well as others involving races or the trendy game, Ultimate Frisbee. Many games only require one Frisbee disc, while others can require several. The best thing about Frisbee is you can easily take it with you on vacation, camping, to the beach, or to other people's houses, and play it in virtually any open space. It's a fun family activity that will get your heart pumping and the friendly competitive edge flowing.

5. Outdoor Scavenger Hunt

Outdoor scavenger hunts can be enjoyable for the whole family. Whether you're camping or at home, you can take advantage of your surroundings and make a scavenger hunt for everyone to enjoy. Items used in a scavenger hunt can be anything that's in your natural surroundings, to items you specifically place in hiding spots. Depending on what you decide to use, by pairing an adult or older kid in each group, they can verify that the item was indeed found if they can't bring it back (like a type of plant or tree on your list). Since it's a race to finish first, the hunt will get the whole family active while having a lot of fun.

6. Swimming

Whether it's a pool, pond, or beach, swimming is an ideal way to fit in fun exercise. Swimming has many benefits, from improving flexibility and increasing muscle tone to strengthening the heart and relieving stress. As a family, depending on where you're swimming, you can play a lot of games in the water. In the pool, you can dive for items or race with laps. At a beach or somewhere that you can stand, you can play catch with a water ball, Frisbee, or football. If a beach has waves, jumping in them, trying to balance on a raft, or simply staying upright is fun and active for everyone. Of course, children should be supervised and have life jackets when appropriate.

7. Biking

Biking is a great cardiovascular exercise that strengthens several muscles, including your core, and can improve balance. While you can take the family out to have fun and be active with a bike ride in your neighborhood, biking is another activity that can be done almost anywhere. Pack a picnic and plenty of water, and head out to your local trails or go to a bike-friendly beach. And make sure everyone has a properly-fitted helmet and wears it-they can help prevent serious injuries if someone falls off their bike.

8. Canoeing

Hitting the open water or paddling down a river with your family in a canoe is good exercise. You don't have to be a pro to canoe-canoeing can be done by anyone, regardless of their skill level. You just have to make sure that where you go is safe, based on your experience. A calm river or pond is good for beginners, and offers the opportunity to explore your surroundings from the canoe. For families with more experience, a slightly choppy lake or river will add some adventure to your activity and make your muscles work that much harder.

9. Family-Friendly Walk or Race

It's becoming more and more common to see whole families out for 5K walks and runs. Whether the event is to raise money for charity, a community event, or simply a neighborhood race, it can be fun for everyone. There's a great sense of accomplishment when you reach the finish line, and racing as a family makes it even more special. Because family-friendly races are becoming more popular, there are a lot of options out there-from fun runs (i.e., Color Me Rad) to races that require training. Also, training for the event offers more opportunity to spend time together as a family and get regular exercise.

10. Neighborhood Sport Tournament

Organizing a neighborhood tournament is fun, even in the planning stages. Kids are bound to get pumped up and enjoy organizing it, from choosing the sport to getting neighbors on board. And the building excitement for tournament day will be contagious, keeping everyone happy and anxiously looking forward to the event. Baseball or soccer tournaments are common options, since many city parks offer a diamond or field for community use. This is a fun way for the family to be active, while having the added bonus of spending time with other families in the area. And a street BBQ afterward is the perfect way to end the day.

Most importantly...enjoy each other! Have a great summer everyone.

Submitted by: Jane Richards-Hyde, Bay Trail Social Worker

The deadline for submissions to the September Trailblazer is August **27th**. Please email submissions to trailblazer@baytrailpta.org

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